



Alameda County Sheriff's Office

Gregory J. Ahern, Sheriff / Coroner
Coroner's Bureau, 2901 Peralta Oaks Ct, Oakland, CA 94605
(510) 382-3000 / (510) 382-3033 (fax)

Coroner Investigator's Report

CALL INFO	NAME OF DECEASED (LAST, FIRST MIDDLE) SINGH, Balvir				TENTATIVE ID UNIDENTIFIED <input type="checkbox"/> <input type="checkbox"/>		CASE NUMBER 2016-02106	
	REPORTED BY R. Lacer #1669		REPORTED BY PHONE NO.		REPORTING AGENCY Santa Rita		REFERENCE NUMBER 16-012433	
	INVESTIGATOR Matthew Meldrum		CALL DATE AND TIME 7/15/2016 10:40		CASE TYPE Removal Case			
	DATE AND TIME OF DEATH 7/15/2016 10:19		DATE OF BIRTH 3/20/1972		AGE 44 Years		GENDER Male	
DECEDENT	HGT 64		WGT 164		EYE COLOR Brown		HAIR COLOR Black	
	OCCUPATION Unknown		EMPLOYER		RACE Asian Indian		MARITAL STATUS Widow	
	VET? <input type="checkbox"/>							
	Preliminary Summary							
DEATH	LOCATION OF DEATH Santa Rita Jail						LOD TYPE Other	
	ADDRESS (STREET, CITY, STATE, ZIP) 5325 Broder Boulevard Dublin CA 94568						COUNTY Alameda	
	Manner Suicide				Death Certificate Signed By: R. Plasencia, Deputy Sheriff			
	Cause A Asphyxiation						Interval Minutes	
	Cause B Hanging						Interval Minutes	
	Cause C						Interval	
	Cause D						Interval	
	Other Significant Conditions				None			
NOTIFICATION	LEGAL NEXT OF KIN [REDACTED]				RELATIONSHIP [REDACTED]		TELEPHONE NO.	
	NOTIFIED BY				METHOD Phone Contact		DATE AND TIME 7/16/2016 0:00	
	IDENTIFICATION METHOD Finger Prints				DATE AND TIME 7/19/2016 7:36			
INCIDENT	LOCATION OF INCIDENT Santa Rita Jail						AT WORK <input type="checkbox"/>	
	ADDRESS (STREET, CITY, STATE, ZIP) 5325 Broder Blvd Dublin CA 94568						COUNTY Alameda	
	DATE AND TIME OF INCIDENT 7/15/2016 9:40							
DISP	INVESTIGATING AGENCY Alameda County Sheriff's Office-ETS				INV AGENCY PHONE NUMBER		OFFICER Joshua Armijo	
	FUNERAL HOME Chapel of The Chimes - Hayward				BODY RELEASED TO FUNERAL HOME ON 7/29/2016 13:50			
	Full Autopsy <input checked="" type="checkbox"/> Partial Autopsy <input type="checkbox"/> Inspection <input type="checkbox"/> Record Review <input type="checkbox"/> Inspection w/Specimen <input type="checkbox"/>				EXAM BY Thomas W. Rogers			



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Investigator Narrative

Decedent: SINGH, Balvir
Case Number: 2016-02106
Investigator: Matthew Meldrum

First Call Information:

On Friday, July 15, 2016, about 1040 hours, I (Meldrum) spoke to Alameda County Sheriff's Office Lieutenant R. Lacer #1669 who called to report the in-custody suicide death of a 44 year old male identified as Balvir Singh. Lieutenant Lacer told me, about 0940 hours, during the Santa Rita Jail - Housing Unit #9 "Pod Time," an inmate advised the Housing Unit Deputies that Singh was inside his cell (B-9) and needed assistance. A deputy responded to the cell and saw Singh unresponsive with a jail issued sheet tied around his neck. The opposite end of the sheet was tied and suspended around the top of the jail cell's permanent stool. The responding deputy radioed for immediate medical assistance and attempted CPR until medical staff arrived, but ultimately all life saving measures failed, and death was pronounced at 1019 hours by Corizon Dr Molitorisz. At the time of this incident, Singh was not on an Intensive Observation Log (IOL) and was the only occupant of his cell. Singh was classified as a Mental Health Inmate with prior safety cell placements. [REDACTED]

[REDACTED] (Coroner's Case #2014-01574). (MMM1859)

Medical Summary:

While at Santa Rita Jail, I (Meldrum) received a copy of Singh's medical records. I placed the records into the pathologist packet for review. (MMM1859)

Description of the Death/ Injury Scene:

Singh was pronounced dead, just outside of Cell B-9, Housing Unit 9, at the Santa Rita Jail, located at 5325 Broder Boulevard, in the City of Dublin.

Singh was found suspended with a sheet tied around his neck inside his jail cell (B-9). (MMM1859)

Body Identification:

While on scene, I (Meldrum) received a copy of Singh's Criminal Records Information Management System (CRIMS) record which included a booking photograph from 2014. I compared the photograph to the decedent and they appeared to match. (MMM1859)

On July 19, 2016, I (Gogna) received a letter from the Alameda County Central Identification Bureau (CIB) confirming that the fingerprints taken from the decedent was associated with Person File Number: [REDACTED] with the name Balvir Singh. (AG#1303)

Next of Kin Investigation:

On Friday, July 15, 2016, about 1451 hours, I (Meldrum) spoke to Singh's brother-in-law, [REDACTED] who called to provide me next of kin information. [REDACTED] told me Singh was not married and did not have children. [REDACTED] said Singh's father, [REDACTED] and mother, [REDACTED] lived in [REDACTED] [REDACTED] provided me contact information for Singh's parents, but said he would notify them of the death, due to the fact



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they did not speak English. I explained the coroner's involvement and told [REDACTED] that Singh's parents were the legal next of kin and would be in charge of authorizing funeral arrangements. [REDACTED] told me he would contact me after Singh's parents were notified of the death. (MMM1859)

On July 16, 2016, I (Bordi) received a call from [REDACTED] [REDACTED] who identified himself as Singh's friend. [REDACTED] said he was calling from [REDACTED] and heard Singh was deceased. [REDACTED] said he did not know Singh's family but was from the same village. [REDACTED] said he would try and notify one of Singh's cousins. (EB1879)

On Saturday, July 16, 2016, about 1630 hours, I (Meldrum) spoke to [REDACTED] [REDACTED] who told me he was a friend of Singh's. [REDACTED] told me Singh's father passed away a few years ago and his mother was elderly. [REDACTED] said Singh's mother, [REDACTED] was notified of the death, but wished to authorize someone in the United States to start funeral arrangements. I explained the procedure and told [REDACTED] to have Singh's mother email the Coroner's Bureau stating who she wished to authorize and to attach a photograph of her passport. (MMM1859)

On Friday, July 22, 2016, about 1615 hours, I (Meldrum) spoke to Singh's friend, [REDACTED] [REDACTED] who told me she spoke to Singh's mother. [REDACTED] advised that Singh's mother had signed a form authorizing her to make funeral arrangements. I provided [REDACTED] my email and the Coroner's Bureau fax number to send a copy of the form. (MMM1859)

On Wednesday, July 27, 2016, about 0730 hours, I (Meldrum) received an email from [REDACTED] [REDACTED] which included a document signed by Singh's mother, [REDACTED] authorizing [REDACTED] [REDACTED] [REDACTED] [REDACTED] and [REDACTED] [REDACTED] to make funeral arrangements. The document also included a photo copy of [REDACTED] identification card. I placed the documents into the case file. (MMM1859)

Other Agency Reports:

Alameda County Sheriff's Officer Deputy B. Sill #1781 wrote report #16-012433. (MMM1859)

On September 07, 2016, about 0550 hours, I (Meldrum) received a copy of the report. I reviewed the report and discovered the following information:

Singh was found unresponsive by an inmate at the end of "pod time." The Housing Unit Technician had opened all the cell doors so inmates could enter their cells. An inmate was checking the cell doors on the upper tier to insure they were all locked. The inmate then noticed Singh's cell door was unlocked and saw Singh unresponsive on the floor. The inmate then pressed an emergency button and told the Housing Unit Technician what he saw. (MMM1859)

Property and Evidence:

I (Meldrum) issued coroner's receipt #37151 to Deputy Sill for Singh's body and property. (MMM1859)

Coroners Fees:

There were coroner's fees for body removal, body preparation, and the filling of the death certificate totaling \$540 associated with this case. (MMM1859)

On August 31, 2016, the fees were paid in full. (MMM1859)



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Investigative Details:

On Friday, July 15, 2016, about 1140 hours, Deputy E. Bordi #1879 and I (Meldrum) arrived at Santa Rita Jail. We met with Deputy Sill inside Housing Unit #9 who told me the following:

Singh was classified as a Mental Health Inmate with prior [REDACTED] and [REDACTED]. About 0630 hours, Singh's cell mate, [REDACTED] (PFN: [REDACTED]) was removed from Cell B-9 by Security Movement Deputies for his scheduled release. About 0830 hours, Housing Unit #9 started "Pod Time," but Singh did not exit his cell. All cell doors inside the Housing Unit were locked and secured before "Pod Time" began. About 0909 hours, Housing Unit #9 Deputy Bump conducted a general observation of the Housing Unit and signed the General Observation Log (GOL). About 0920 hours, an inmate witness said he saw Singh standing at his cell door looking through the window. At that time, Singh's cell door was locked and he was the only inmate inside the cell. About 0940 hours, an inmate told one of the Housing Unit Deputies that Singh was inside his cell (B-9) and needed assistance. The deputy responded to the cell and saw Singh unresponsive with a jail issued sheet tied around his neck. The opposite end of the sheet was tied and suspended around the cell's stool. The deputy said Singh was in a semi-supine position and it appeared as if there was pressure applied to his neck due to his positioning. The deputy cut the sheet from Singh's neck and radioed for medical assistance. The deputy then started cardiopulmonary resuscitations (CPR) until Corizon medical staff responded and took over. Corizon Dr S. Molitoris responded and pronounced death, at 1019 hours, after all life saving measures were unsuccessful.

When I arrived, I saw Singh lying supine on the upper-tier of B-Pod, just outside of Cell #9, with medical therapy in place. Rigor mortis was absent and lividity was consistent with his positioning. I saw about a one centimeter laceration on Singh's nose and a golf ball sized contusion on his forehead. I saw no other obvious signs of visible trauma on Singh's body. I looked inside Singh's cell and saw a blue jail issued sheet on the floor near a stool. The sheet appeared to be knotted into a loop on one end and the opposite end appeared as if it was wound tight multiple times and was cut with a sharp object. Due to the sheet's configuration, its length was about a foot long.

I searched Singh's cell for a suicide note or letter of intent. I found a hand written note on top of Singh's bed, inside of a book, but it was written in Punjabi. I collected the note as evidence in hopes to have it translated.

Deputy Bordi took digital photographs of Singh, the scene, and the handwritten note. Deputy Bordi and I then prepared Singh for transportation back to the Coroner's Bureau. (MMM1859)

On Friday, July 15, 2016, about 1351 hours, Deputy Bordi and I returned to the Coroner's Bureau. Deputy Bordi took intake photographs of Singh and we processed him into the morgue. (MMM1859)

On Friday, July 15, 2016, about 1520 hours, I (Meldrum) spoke to Alameda County Sheriff's Office Detective J. Armijo #1029 who called to tell me a Fremont Police Officer, Officer M. Gebhardt, was willing to translate the hand written note found inside Singh's cell. Detective Armijo provided me with Officer Gebhardt's email address. (MMM1859)



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On Friday, July 15, 2016, about 1525 hours, I (Meldrum) spoke to Alameda County Sheriff's Office Lieutenant R. Bowers who advised me to email a copy of the hand written note to Fremont Officer Gebhardt for translation. (MMM1859)

On Friday, July 15, 2016, about 1541 hours, I (Meldrum) emailed a photograph of the hand written note found inside Singh's cell to Fremont Officer Gebhardt for translation. (MMM1859)

On Monday, July 18, 2016, about 1045 hours, Coroner's Pathologist Dr T. Rogers conducted Singh's autopsy. Dr Rogers determined Singh's cause of death to be "Asphyxiation, due to Hanging." (MMM1859)

On Tuesday, July 19, 2016, Central Valley Toxicology (CVT) received Singh's femoral blood sample. CVT conducted a complete drug screen of the sample and found a result finding of < 0.05 mg/L of Mirtazapine in the sample, which was listed within the effective level of (0.02-0.30 mg/L). (MMM1859)

On August 18, 2016, at 0639 hours, Fremont Police Officer Gebhardt emailed me (Meldrum) requesting a scanned copy of the letter found inside Singh's cell. Officer Gebhardt said his translator was unable to read the original photograph I emailed him. About 1333 hours, I emailed Officer Gebhardt a scanned copy of the note. (MMM1859)

On September 06, 2016, I (Meldrum) received an email from Fremont Police Officer Gebhardt which included the translation of the hand written note that I found inside Singh's cell and also another hand written note which was found inside the cell by a Santa Rita Jail Deputy. Inside the note I found, Singh

[REDACTED]

(MMM1859)

Findings:

On Wednesday, September 06, 2016, about 0610 hours, I (Meldrum) reviewed this case to determine a manner of death. Based on my investigation, the autopsy protocol, and the letter of intent found inside Singh's cell; I determined the manner of this death to be a suicide. (MMM1859)

Supervisor Review:

On Thursday, September 08, 2016, I (Sgt. Baron) reviewed this case and found it to be complete. I concur with the findings and approve this case for closure. (HB#2017)

Alameda County Sheriff's Office

Coroner's Bureau
2901 Peralta Oaks Court, 2nd Floor, Oakland, CA 94605-5319



Gregory J. Ahern, Sheriff

Director of Emergency Services
Coroner - Marshal

M E M O R A N D U M

DATE: July 18, 2016
FROM: Thomas Wayne Rogers, M.D.
TO: Case File 2016-02106
SUBJECT: AUTOPSY PROTOCOL

Autopsy performed upon the body of Balvir Singh at the Coroner's Bureau, 2901 Peralta Oaks Court, Oakland, California, on July 18, 2016, at 9:05 a.m.

AUTOPSY FINDINGS

- 1) HANGING:
 - A) NOOSE SUBMITTED WITH BODY.
- 2) PULMONARY CONGESTION AND EDEMA.
- 3) VISCERAL ORGAN CONGESTION.

CAUSE OF DEATH: ASPHYXIATION DUE TO HANGING.

cc: Emergency Medical Services
District Attorney
Investigations Bureau (ETS)
ACSO-Detention and Corrections

Sheriff-Coroner
Alameda County

Body of BALVIR SINGH

EXTERNAL EXAMINATION

The body is that of a male appearing the stated age of 44 years. There is a Coroner's identification tag present on the left big toe. The body is 64 inches long and weighs 164 pounds.

The body is presented supine and nude. Paper bags cover the distal aspects of both arms.

The body is clothed in orange shorts and an orange, slipover T-shirt. The right sleeve has been cut away from the body. The left arm is still present in the left sleeve.

Rigor mortis is passing. Lividity is present over the backside of the body.

There is the following evidence of MEDICAL THERAPY:

- 1) An oral Combitube secured around the neck.
- 2) A stiff neck collar in place about the neck.
- 3) Cardiac monitoring pads on both upper arms and both lower legs.
- 4) Electrical conduction pads on the torso.
- 5) An intraosseous infusion device in the left lower leg.

There are the following BLUNT INJURIES to the body:

HEAD AND NECK:

- 1) A 1-1/2 inch area of red contusing to the left side of the forehead.

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Body of BALVIR SINGH

23 2) A 1/2-inch red contusion on the bridge of the nose. In
24 the center of it are two black abrasions ranging upwards to 1/4
25 inch in greatest dimension.

26 RIGHT ARM:

27 None present.

28 LEFT ARM:

29 None present.

30 RIGHT LEG:

31 1) A 1/2-inch red contusion over the patella.

32 LEFT LEG:

33 1) A 1-inch vague red contusion over the inferior border
34 of the patella.

35 2) A 1/4-inch red-brown abrasion on the anterior-medial
36 proximal lower leg.

37 TORSO:

38 None present.

39 The hair is black and about 6 inches long. Pupils are
40 round. Irides are brown. Sclerae are congested. No petechial
41 hemorrhages are noted. Ears, nose and lips are without further
42 abnormalities. Short, unshaven facial hair growth is present.

43 The neck is nonremarkable. An actual ligature furrow is
44 not identified.

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Body of BALVIR SINGH

45 Presented in a plastic bag is a dark blue sheet. Its exact
46 size is not determined. Present within it is a complex sort of
47 knot. Extending off this is a loop measuring at least 12 to 14
48 inches in diameter. In addition, extending off the complex knot
49 are two more extensions of the sheet. One is about 18 inches in
50 length. Another is about 28 inches in length which has a
51 complex knot at the end of it, and extending off the knot are at
52 least two short ends that appear to have been either cut or torn
53 along their borders. In addition, in the bag is a piece of blue
54 material. This may represent a portion of the sheet. It is
55 knotted into a loop measuring about 4 to 5 inches in diameter.

56 The chest is flat. Breasts are consistent with an adult
57 male. The abdomen is flat. The external genitalia are normal.
58 Legs and feet are without further abnormalities.

59 Arms and hands are nonremarkable. No needle puncture marks
60 are noted. No scars are noted over the anterior wrists. No
61 hyperpigmented scars are over accessible veins.

62 The back is nonremarkable.

63 INTERNAL EXAMINATION

64 The body is opened through the usual Y-SHAPED INCISION.
65 There is a transverse fracture of the sternum, and there are a
66 few anterior rib fractures. These are fractured at their medial

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Alameda County

Body of BALVIR SINGH

67 ends. These are consistent with resuscitative measures.

68 Otherwise, no abnormalities are noted.

69 BODY CAVITIES: The pleural cavities, pericardial cavity
70 and peritoneal cavity are lined by smooth, glistening surfaces
71 and contain no fluid. Ribs and diaphragms are intact.

72 HEART: In situ, the heart is normal, with the apex at the
73 left midclavicular line. The heart weighs 360 grams. The
74 epicardial surface is smooth and glistening. Ventricular
75 myocardium is brown. Chambers are normal. Valves are normal.
76 No left ventricular hypertrophy is present. No asymmetric
77 hypertrophy is present. No myxoid degeneration of the mitral
78 valve is present. No vegetations are present on valve leaflets.
79 Coronary ostia are patent. The coronary system has its usual
80 anatomical distribution and is nonremarkable. No thrombi are
81 present. There is fluidity of blood.

82 VESSELS: The aorta and tributaries are nonremarkable. The
83 pulmonary artery and venous system contain no thromboemboli.

84 TRACHEA AND BRONCHI: Lined by pale yellow mucosal
85 surfaces.

86 LUNGS: The left lung weighs 500 grams. The right lung
87 weighs 450 grams. Pleural surfaces are smooth. Lung parenchyma
88 is prominently congested and edematous. There are no areas of

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Alameda County

Body of BALVIR SINGH

89 consolidation. No pulmonary infarcts are present. No bronchial
90 asthma is identified. Airways of both lungs are nonremarkable.
91 No tumors are present. The arterial system of both lungs is
92 opened, and no thromboemboli or other abnormalities are
93 identified.

94 ORAL CAVITY: The teeth are natural. None are acutely
95 missing or loose. No abnormalities of the oral cavity are
96 noted.

97 ESOPHAGUS: Lined by a white, wrinkled mucosal surface.

98 STOMACH: Contains 100 cc of red-brown fluid. The mucosal
99 surface is tan. No tumors or ulcers are noted.

100 INTESTINES: Covered by smooth serosal surfaces. No
101 abnormalities are noted. The intestines are opened and only
102 fecal material is present. The rectum is palpated and no
103 abnormalities are noted.

104 LIVER: Weighs 2200 grams. The serosal surface is smooth
105 and glistening. The anterior margin is sharp. The parenchyma
106 is brown and moderately congested. No tumors are present. No
107 fatty metamorphosis or cirrhosis is present.

108 GALLBLADDER: The gallbladder is of normal size. Its
109 surface is smooth. Its wall is of normal thickness. It is
110 lined by a green velvety mucosal surface. It contains 10 cc of

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Alameda County

Body of BALVIR SINGH

111 bile and no stones.

112 PANCREAS: The pancreas is of normal size. Its parenchyma
113 is yellow-brown and lobulated. No tumors are present. No
114 saponification is noted.

115 SPLEEN: The spleen weighs 150 grams. Its capsule is gray
116 and smooth. Its parenchyma is red-purple and soft.

117 ADRENAL GLANDS: The adrenals are normal in size and have
118 their usual triangular shape. Sectioning of them reveals non-
119 remarkable cortex and medullary parts. No hemorrhages are
120 present.

121 KIDNEYS: The left kidney weighs 130 grams. The right
122 kidney weighs 150 grams. Surfaces are smooth. Parenchyma is
123 brown and moderately congested. There is a distinct cortico-
124 medullary separation. Papillae are normal. The calyces and
125 pelves of both kidneys are nonremarkable. No obvious
126 abnormalities are noted of the ureters. No stones are present.

127 BLADDER: The bladder contains no urine. It is lined by a
128 tan mucosal surface. No trabeculation or tumors are present.
129 No diverticula are noted.

130 PROSTATE: The prostate is of normal size. Its parenchyma
131 is yellow-white and rubbery. No tumors are noted.

132 TESTICLES: Normal.

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Body of BALVIR SINGH

133 MUSCULOSKELETAL SYSTEM: No abnormalities noted.

134 NECK: The hyoid bone and laryngeal structures are intact.

135 Soft tissue about the larynx is normal. The larynx is free of
136 obstructing material. Individual laryngeal structures are taken
137 down, and no abnormalities are noted. The cervical vertebral
138 column is nonremarkable. A cervical vertebral column fracture
139 is not present. The thyroid gland is of normal size.

140 Sectioning of it reveals a nonremarkable red-brown parenchyma.

141 CENTRAL NERVOUS SYSTEM: Soft tissue about the cranial
142 vault is normal. The brain weighs 1350 grams. The gyri and
143 sulci of the cerebral hemispheres are normal. Sectioning of the
144 brain reveals no abnormalities. No contusions are noted. The
145 ventricular system of the brain is nonremarkable. No subdural
146 or subarachnoid hemorrhages are present. The vessels at the
147 base of the brain are nonremarkable. Stripping the dura from
148 the inner table of the skull reveals no abnormalities.

149 SPECIMENS:

150 1) Heart's blood

151 2) Leg blood

152 3) Liver

153 4) Gastric contents

154 5) Tissue

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Alameda County

Body of BALVIR SINGH

155 6) Photographs

156

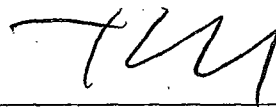
157

158

159

160

161 TWR/cah



Thomas Wayne Rogers, M.D.



CENTRAL VALLEY
TOXICOLOGY, INC.

Case Name:

Singh,

TOXICOLOGY NUMBER: CVT-16-7752

Balvir
20 ml femoral blood labeled "Singh, Balvir; 2016-02106; 07/18/2016"

Specimen Description:

Delivered by Tricor

Date 19-Jul-16

Received by Bill Posey

Date 19-Jul-16

Request: Complete Drug Screen

Agency Case # 2016-02106

Requesting Agency

Alameda Co. Coroner's Office
Attn: Acct's Payable
2901 Peralta Oaks Ct., 2nd Floor
Oakland CA 94605

Report To

Alameda Co. Coroner's Office
Attn: Dr. Rogers
2901 Peralta Oaks Ct., 2nd Floor
Oakland CA 94605

Specimen: Femoral Blood Sample

RESULTS

Complete Drug Screen: Mirtazapine detected.

No other common acidic, neutral or basic drugs detected.

No Ethyl Alcohol detected.

Mirtazapine < 0.05 mg/L

Blood Mirtazapine Ranges

Effective Level: (0.02 - 0.30 mg/L)

Potentially Toxic: (> 0.3 mg/L)

*actual 7/21/16
neg*

B. L. Posey

July 21, 2016

B.L. POSEY
S.N. KIMBLE
Directors

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Clovis, California 93611
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